

WESTSIDE

NEWS

Volume 2, Number 10

November 2011

Official Newsletter of the Westside at Buttercup Creek HOA

MESSAGE FROM THE HOA BOARD

It's hard to believe that my term as a Board member is coming to a close. I have truly enjoyed working with your neighbors who volunteer to serve us all in various capacities: Board members, committee members and involved neighbors. I would especially like to thank the members of the Board that I have served with over the past few years, as well as Kathy Taylor and Goodwin Management.

Let me ask a favor of everyone. Would you make it a point to attend a Board meeting this coming year? It's a great opportunity to meet people from other areas of the neighborhood, find out the issues that our neighborhood faces, as well as being able to offer your valuable input. I found it very interesting seeing how few neighbors attend the meetings, but have plenty of advice to offer on the Yahoo group. Come on out and help improve your community. The meetings are friendly, casual and very informative.

Westside is a great place to live. It's why we are here. Let's continue to make our neighborhood a wonderful place by getting involved. I will continue to be actively involved with the Communications Committee, the newsletter and the HOA website (shameless plug here – <http://www.westsidehoa.org>). I hope that everyone will take advantage of these resources that help us neighbors stay connected.

*See you around the neighborhood,
Randy Woods, HOA Secretary*

WESTSIDE AT BUTTERCUP CREEK HOA ANNUAL MEETING

The Annual Meeting for our HOA will be held on November 7 at 6pm in the community room of the Cedar Park Police Department. During the meeting we will discuss the things that have taken place the past year, review and approve the budget for the next year, and vote for HOA board candidates. If you cannot attend in person, you can still be present by proxy. Just fill out the proxy form that was mailed to you and give it to a board member, a neighbor who will be attending or Goodwin Management.

CANDIDATE RUNNING FOR ELECTION TO THE HOA BOARD

My name is Natalie Woods. My husband and I moved to Cedar Park in 1991 and have raised our family here. Along with raising 5 children, I am an active member of my church and volunteer in the schools and community. For the past 15 years I have worked at ACC as an adjunct Math Professor. With a busy family and a part-time job, I have learned to prioritize my time on things that are most important to me. Keeping my neighborhood a wonderful place to live and raise my kids is one of those priorities. We moved from Buttercup into Westside Preserve in 2008. I volunteered to serve on the Westside modification committee shortly after moving in. My goal was to help my fellow residents to be able to maintain their homes and have a quick turnaround on their modification requests. Our committee has since drastically improved the approval turnaround time average to a week or less, discontinued fees for modifications, and removed any red-tape from home maintenance projects. I want our neighborhood homes to be beautiful and retain their values. I want our children to have a safe and happy place to play and grow up. I want to keep our amenities maintained and accessible to the homeowners. These are the things I will work to preserve and improve if I am elected to the HOA board.



BOARD OF DIRECTORS

President, Darrell Park..... darrelljpark@yahoo.com
V. President, Dennis Domanski.... ddomanski@austin.rr.com
Secretary, Randy Woodsrandy1@radiatorandy.com
Treasurer, Jerry Bordic.....jbordic@sbcglobal.net
Director, Terra Thomas..... terrac13@yahoo.com
HOA Website.....www.westsidehoa.org

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Goodwin Management
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NEWSLETTER INFO

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PUBLISHER

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Advertising..... advertising@PEELinc.com

ADVERTISING INFO

Please support the businesses that advertise in the Westside News. Their advertising dollars make it possible for all Westside at Buttercup Creek residents to receive the monthly newsletter at no charge. No homeowners association funds are used to produce or mail the newsletters. If you would like to support the newsletter by advertising, please contact our sales office at 512-263-9181 or advertising@PEELinc.com. The advertising deadline is the 8th of each month for the following month's newsletter.

COMMITTEES

Do you want to help out in the community but don't have a lot of time? Join one of the following Committees and help out as much or as little as you want.

Cave Preserve..... Darrell Park..... darrelljpark@yahoo.com
Communications..... Darrell Park..... darrelljpark@yahoo.com
Fence..... Ross Burns..... rburns@texas.net
Landscaping..... Jerry Bordic jbordic@sbcglobal.net
Lighting..... Rand Zumwalt
..... zumwalt@zumwaltlawgroup.com
Modifications Torsten Weirich torsten@weirich.com
Neighborhood Watch..... Paul Blor
Pool..... Jay Clover jay.clover@yahoo.com
Social..... Terra Thomas..... terrac13@yahoo.com

Article X of the Declaration of Covenants, Conditions & Restrictions for Westside at Buttercup Creek

- SECTION 16 -

SIGNS, ADVERTISEMENTS AND BILLBOARDS

Each month a section of this Article will be reviewed to help homeowners be better informed. The complete set of Bylaws and CCR's were given to you when you closed on your house, but can also be found at the HOA website which is www.westsidehoa.org.

Section 16. Signs, Advertisements, Billboards. No sign, advertisement, billboard, or advertising structure of any kind shall be displayed to public view on any Lot except for one (1) sign on each Lot, which sign may not exceed six (6) square feet, for the purpose of advertising the Property for sale or rent, except signs used by Declarant, or its successors or assigns, for a period of time commensurate with its home construction/sales program. No sign shall be permitted that shall advertise that a Property has been or will be foreclosed or sold at forced sale. Declarant, the New Construction Committee and the Modifications Committee shall have the right to remove any sign. Except as provided to the contrary herein, in no event shall the use of flags or banners be permitted in the promotion or sale of any Lot or Living Unit in the Property, except those owned by Declarant or a Builder. Any use of said items by Declarant or any Builder is subject to the prior approval of the New Construction Committee.

- COMMENT -

The only signs you can have in your yard are to sell your house, and political signs just before an election. If you have any other sign in your yard, it shouldn't be up.

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Dental Tips from the Dark Corner of the Mouth DENTAL IMPLANTS

In the past, if you were missing a tooth, you had two options to replace it. The first way was to have your dentist make a mold of your existing teeth and send that to a lab to make what is called a removable partial denture. This is an appliance that you fit in your mouth like a retainer, only it has teeth on it to replace the ones that are missing. This is usually the least expensive option.

The other option for replacing a missing tooth was to get what's called a bridge. A bridge is a fake tooth that is cemented to the teeth in front and behind the place of the missing tooth. A bridge is nice because it is stable. It stays in place. However, it usually costs more than a denture, is sometimes difficult to clean, and involves cutting down the teeth on either side of the space to make room for the bridge to slip over those teeth.

A more recent option that people have been exploring the past several years is replacing teeth with a dental implant. An implant is basically a titanium screw with a special coating on the outside that helps it hold onto bone. An implant can be placed in that space where a tooth is missing without doing any work on the teeth in front or behind the space. A fake tooth can then be built on the

implant. This is a relatively simple procedure. Most people say it was easier than getting the tooth taken out, and there is little to no pain or discomfort after the procedure. Implant teeth are solid and stable. They don't come in and out of your mouth. You brush and floss them just like normal teeth. An implant tooth usually costs about the same or a little more than a bridge, and can take about 2-4 months to be finished, whereas a bridge can be done in a few weeks.

If you have any questions about implants or how to replace missing teeth, don't hesitate to ask your dentist.

HOA WEBSITE

The new HOA website is up and running, with all the HOA info you need, right at your fingertips.

Go to www.westsidehoa.org and see what's there. If you have any suggestions on how to make it better, just let a board member know.

DID YOU SAY FREE?

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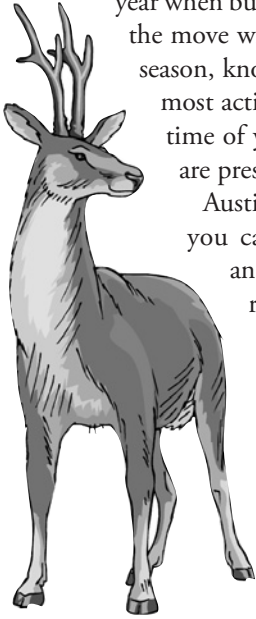
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Wade Phillips - Owner & Westside Resident

Westside at Buttercup Creek

DEER SEASON IS HERE

Submitted by Robin Abbott



November through December is deer season in Texas. It is the best deer-watching season of the year. Late fall is the time of year when bucks have grown their antlers and fawns are on the move with their mothers. It is also the deer-mating season, known as the “rut.” During this season deer are most active and more likely to run and bolt, so it is a time of year to use extra caution in areas where deer are present.

Austin is one of very few large cities in Texas where you can still experience urban deer. Northwest and southwest Austin are home to most of our remaining neighborhood herds. Many area residents enjoy the deer’s charismatic presence and quiet beauty. Young parents report finding teachable moments in watching does care for their fawns, while for seniors interaction with the deer can be life affirming. Others simply value the opportunity to observe wildlife living freely as they go about such daily business as walking the dog or driving to work.

DeerAustin is a group of Austin neighbors and animal lovers who are committed to living compatibly with urban wildlife and especially to protecting and preserving Austin’s urban deer herds. Visit us at www.DeerAustin.org. We are providing the following information that is helpful to keep in mind during deer season:

- Always walk dogs on leashes.
- Observe the speed limit.
- Be extra cautious when deer or deer crossing signs are present and when driving from dusk to dawn.

To report an injured deer, call the Game Warden at 389-4848 or Austin 311. To report a dead deer for pickup, call Austin 311. Be prepared to give the operator an address or otherwise be able to describe the location of the deer (for example, “Loop 360 just north of Spicewood” or “the intersection of Mesa and Greystone”). If you need additional help – email admin@DeerAustin.org.

We hope you enjoy the fall season and the opportunity to interact with deer that is a part of what makes Austin a special place to live. Please take care, enjoy the wildlife, and Keep Austin Deered!

**NOT AVAILABLE
ONLINE**

Westside at Buttercup Creek

ADOPTION COALITION

Jaquevius (Nov 2003) & Ny'Asia (Aug 2005)

Jaquevius is a loveable, warm spirited child. Ny'Asia is an endearing child who enjoys being hugged and treated like a princess. Jaquevius enjoys watching cartoons, playing with cars, trucks and things he can "tinker" with. He absolutely loves going to movies. Ny'Asia's favorite things to do are coloring and playing with dolls. Jaquevius and Ny'Asia need a loving, nurturing family who is highly structured and experienced in working with children.

To find out more about Jaquevius and Ny'Asia, Please contact Grace Lindgren, LMSW, at the Adoption Coalition of Texas, (512) 810-0813 or gracelindgren@adopttexas.org.

To learn more about the foster care adoption process, please call the Adoption Coalition of Texas at (512) 301-2825. Email info@adopttexas.org and visit our website at www.adoptioncoalitiontx.org.

Adopting a child from the foster care system requires little or no cost to the adoptive family and funding may be available to help the adoptive family support the child or sibling group.



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HEALTH BRIEFS - NOVEMBER 2011

POSTMENOPAUSAL BLEEDING COULD BE SIGN OF ENDOMETRIAL CANCER

After a woman goes through menopause, it is not normal for her to start bleeding again, said a gynecologic oncologist at Baylor College of Medicine. Most postmenopausal bleeding is caused by the thinning of the cervix; however, in some cases bleeding is a sign of endometrial cancer and should not be ignored, said Dr. Concepcion R. Diaz-Arrastia, professor of obstetrics and gynecology at BCM.

When caught in the early stages, endometrial cancer can be cured, Diaz-Arrastia said. However, there are few symptoms and no screening methods and often isn't found until later stages. That's why it is so important for women to be conscious of things that may be associated with the disease, like bleeding.

Endometrial cancer is the most common uterine cancer. It occurs in the endometrium or the lining of the uterus. More than 40,000 women are diagnosed with endometrial cancer every year in the United States. Women who are obese and/or have a history of irregular menstrual cycles have an increased chance of developing endometrial cancer, Diaz-Arrastia said. If you notice postmenopausal bleeding, contact your gynecologist and set up an appointment as soon as possible.

SYMPTOMS POINT TO DIABETES

Maintaining a healthy weight, eating a low-fat diet and exercising regularly can help prevent the onset of diabetes and the many side effects of the disease, according to doctors at Baylor College of Medicine. Those with a higher risk of diabetes should also have their blood glucose levels screened regularly.

RISK FACTORS FOR DIABETES INCLUDE:

- Obesity
- Sedentary lifestyle
- Unhealthy eating habits
- Family history and genetics
- Increased age
- High blood pressure and high cholesterol

A fasting glucose level of 70 to 100 mg/dL is considered normal, 100-125 mg/dL is considered pre-diabetes condition and 126 mg/dL or above indicates type 2 diabetes.

SYMPTOMS OF DIABETES INCLUDE:

- Frequent urination
- Excessive thirst
- Increased hunger
- Weight loss
- Fatigue
- Lack of interest and concentration
- Blurred vision
- Vomiting and stomach pain

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OPERATION CHRISTMAS CHILD

Epiphany Lutheran Church and School is giving thanks for the chance to play an important role in providing needy children with a simple gift this Christmas season. Last year was Epiphany's first time participating in Operation Christmas Child, a ministry devoted to providing needy children shoe boxes full of toys, hygiene items, school supplies, candy, etc. The congregation collected over 80 boxes to send overseas. "We were strongly moved by this particular ministry" commented one member.

The church members felt that the increased visibility of the new location this year made it a prime spot to become a "drop-off" location for OCC. This means that during "Collection Week" (Nov. 14th-21st) they will be accepting shoe box donations from the general public. «We are so excited to serve our community in this way. What a wonderful beginning to the Christmas season.» remarks Lauren Thom, an Epiphany Member and OCC volunteer.

For more information about Operation Christmas Child and where you can donate your items go to <http://www.samaritanaspurse.org/index.php/OCC/>.



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